

POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

POOLE SWIMMING CLUB

SEASON STARTER LEVEL 3 MEET 2019



License No. 3SW192390

Licensed by Swim England for entry into County and Regional Championships
Under Swim England Laws and Regulations and Swim England Technical Rules of Racing
Affiliated to the South West Region

SAT 26TH AND SUN 27TH OCTOBER 2019

- Venue:** 1610 Dorchester Sports Centre, Coburg Rd, Dorchester, DT1 2HR
A fast 25m Pool, 6 lanes with anti-turbulence lane ropes, electronic timing, Meet Mobile. Warm up and swim down facility. Free parking
- Age Groups:** 9, 10, 11, 12, 13, 14, 15, 16 and 17+ **Age as at 27th October 2019**
- Awards:** Medals for the those placed 1st to 3rd in each age group and event
Top Visiting Club Award + Top Male and Top Female Athlete Awards
- Events:** 50m, 100m, 200m All Strokes + 400m Free and 400 IM*
UPPER CUT OFF TIMES APPLY TO THIS MEET LICENSE
*400m IM for 10 years and upwards
- Sessions:** Sat 26th October Session 1: Warm Up 13:30, Session 2 Warm Up: TBC
Sun 27th October Session 3: Warm Up 09:55, Session 4 Warm Up: TBC
Session 5 Warm up TBC (Afternoon timings may be subject to change)
- Fees:** Race Entry: £6 per event
Spectator Entry: £5 (all day)
Coaches Pass: £15 per day (inclusive of light lunch)

Closing Date: 12.00 Midnight on Wednesday 18th September 2019



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

PROMOTER'S CONDITIONS

1. The competition is licensed by Swim England for entry into County and Regional Competitions. All events will be conducted in accordance with SE Laws and Regulations and SE Technical Rules of Racing.
2. Competitors must be Category 2 members of an SE affiliated club as defined by SE Law and may enter in the name of one club only. Swim England registration numbers MUST be included on all entries and all competitors must hold the SE Competitive Start Award.
3. Selection of swimmers will be based on their submitted short course entry time for each event as defined in the attached tables of upper limit times and as per the following: If events are oversubscribed, in order to keep each session within the appropriate time period, the slowest swimmers will be rejected.
4. Any swimmer who at the time of entry for the Meet has achieved a time faster than the published limit time may not enter that event. Should it transpire at any stage that a swimmer has submitted an ineligible entry then the entry will be rejected and the fee forfeited.
5.
 - a) The entry fee will be £6 per event.
 - b) Entries comprising more than 5 swimmers must be made electronically.
Please note that entries will not be accepted without the purchase of a Coach Pass as we cannot be responsible for unaccompanied swimmers.
 - c) Club entries should be submitted using the Hy-Tek Team Manager electronic entry system (download available via www.hy-tekltd.com/downloads.html) and full details of how to enter are available via the Club website at www.pooleswimmingclub.org.uk
 - d) All entries, associated paperwork and cheques (made payable to POOLE SWIMMING CLUB) must be received by the specified closing date of midnight on Wednesday 18th September 2019 at the address at the end of these conditions.
 - e) Late or ineligible entries may not be accepted.
 - f) The correct entry fees must accompany entries or they will be treated as incorrect.
 - g) All entries must comply with the upper time limits.
 - h) If an event is excessively oversubscribed relative to other events, the promoters reserve the right to reject some of the slowest entries at their discretion.
 - i) Prior to the Meet a list of entries will be made available. It will be the responsibility of the club representative to carefully check all entries for correct name spellings, ages and entry times. Any errors must be reported to the Meet Promoter by the date specified when this information is made available.
 - j) No refunds will be made for withdrawals after the official closing date unless on medical grounds. The Meet Co-ordinator MUST be advised of intention to withdraw on medical grounds no later than 24 hours prior to the first day of the competitions and a medical certificate subsequently submitted to the Meet Co-ordinator. Requests for medical refunds without a medical certificate being submitted may not be considered.
6. Ages will be as at 27th October 2019. It should be noted that 9 year olds are not eligible to enter 400m IM event at this Meet.
7. It is requested that each club with more than 8 swimmers entered in this meet, provides at least 1 qualified official where possible. Clubs/swimmers will not be penalised if they cannot provide officials. Please fill out our official's forms. Lunch will be provided. Please fill out our coach/chaperone form for each person who will be poolside with the swimmers.

POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

PROMOTER'S CONDITIONS (cont...)

8. All Meet participants and spectators must observe all safety precautions in operation at The Dorchester Swimming Pool and follow instructions of Pool Staff and Poole Swimming Club Meet Management Team. Prior to leaving poolside swimmers must dry off and put on appropriate clothing and footwear. No swimmers will be allowed into the spectator area or the main Centre entrance foyer area unless they have complied with this requirement. For safety reasons spectators must ensure that all gangways and the rear of the spectator area are kept clear. Stewards will be patrolling these areas during the Meet. Participating clubs are responsible for ensuring that their members are made aware of these Health and Safety requirements and those laid down in Swim England Laws.
9. Failure to comply with any condition may result in disqualification and forfeiture of any fee paid.
10. A warm up protocol will be issued with each Coach Information Pack. Coaches are required to ensure that their swimmers adhere to the warm up procedure or they may be requested to leave the pool.
Lanes will be allocated for the purpose of warm-up and announcements will be made. Diving will only be allowed in specified lanes and at specified times during each warm up.
11. Swimmers are responsible for reporting to the Competitor Stewards on time. For the first two events in each session swimmers should report to the Competitor Stewards directly after the warm-up. Swimmers in all other events should report to the Competitor Stewards at least one event before their own event.
12. All events will be run on a Heat Declared Winner (HDW) basis. Heats in each event may be spearheaded or cyclically seeded.
Electronic timing will be used. Competitors must leave the pool at the sides, and not climb over the electronic timing boards.
A secondary strobe will not be in use during this meet.
All events will start at the deep end of the pool. Over the top starts will be used at the discretion the Lead Referee.
13. Results will be displayed in an appropriate location as soon as they are available.
Awards will be made to those swimmers placed 1st to 3rd in each event without disqualification. All medals will be available for collection from the medal table.
A permanent trophy will be presented to the top visiting club; Points will be awarded on the top three places from each event and each age group, this trophy will be presented as soon as possible after completion of the final event.
14. Video Recording/Photography/Mobile Telephones. In line with SE guidance, Parents and Carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Data Protection. With the submission of entry details, consent is deemed to have been given, as required of the Data Protection Act, to the holding, and distribution as necessary, of personal information on computer to enable the running of the Meet.
15. Coaches' passes will be issued at a cost of £15 per day. Lunch is included. Passes will provide admission to all sessions, and heat sheets. Passes must be displayed at all times.
16. Spectator entrance will be charged at £5 per day.
17. In case of emergency or situations out of our control during the running of the meet, the meet referee may be required to alter the meet conditions to ensure the smooth running of the event.

We hope you have an enjoyable meet and please let us know if you think of anything that could help use to improve the meet in the future.



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

POOLE SWIMMING CLUB

SEASON STARTER LEVEL 3 MEET 2019

Licensed by Swim England for entry into County and Regional Championships
Under Swim England Laws and Regulations and Swim England Technical Rules of Racing
Affiliated to the South West Region

Level 3 License No. **3SW192390**

EVENT PROGRAMME

Saturday 26 th October 2019			
Session 1 Warm Up: 13:30/ Start Time: 14:15		Session 2 Warm Up: TBC/ Start Time TBC (Est finish TBC)	
Event No.	Event	Event No.	Event
101	Female 200 IM	201	Male 200 IM
102	Male 400m Freestyle	202	Female 400m Freestyle
103	Female 50m Backstroke	203	Male 50m Backstroke
104	Male 50m Butterfly	204	Female 50m Butterfly
105	Female 100m Freestyle	205	Male 100m Freestyle
106	Male 100m Breaststroke	206	Female 100m Breaststroke
107	Female 200m Backstroke	207	Male 200m Backstroke

Sunday 27 th October 2019					
Session 3 Warm Up: 09:55/ Start Time: 10:40		Session 4 Warm Up: TBC/ Start Time TBC		Session 5 Warm up: None/Start time TBC (Est finish TBC)	
Event No.	Event	Event No.	Event	Event No.	Event
301	Female 400m IM	401	Male 400m IM	501	Female 200m Butterfly
302	Male 200m Freestyle	402	Female 200m Freestyle	502	Male 50m Breaststroke
303	Female 50m Freestyle	403	Male 50m Freestyle	503	Female 100m IM
304	Male 100m Butterfly	404	Female 100m Butterfly	504	Male 200m Butterfly
305	Female 100m Backstroke	405	Male 100m Back	505	Female 50m Breaststroke
306	Male 200m Breaststroke	406	Female 200m Breaststroke	506	Male 100m IM



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

UPPER CUT OFF TIMES

Female

Age	Limit	50m FC	100m FC	200m FC	400m FC	50m BR	100m BR	200m BR	50m Fly	100m Fly	200m Fly	50m BK	100m BK	200m BK	100m IM	200m IM	400m IM
9	No Faster than	36.00	1:20.00	2:55.00	5:50.00	48.00	1:40.00	3:27.00	40.40	1:36.00	3:05.00	42.50	1:34.00	3:26.00	1:34.00	3:31.00	NONE
10	No Faster than	33.66	1:15.75	2:43.77	5:35.00	44.49	1:35.80	3:25.00	37.12	1:25.15	2:50.00	38.45	1:23.89	2:56.56	1:25.18	3:02.69	6:00.00
11	No Faster than	31.44	1:09.30	2:29.64	5:15.56	40.68	1:27.70	3:11.05	34.90	1:19.82	2:46.00	35.91	1:17.12	2:44.93	1:19.95	2:49.09	5:50.00
12	No Faster than	29.76	1:04.95	2:19.29	4:54.26	37.94	1:22.84	2:57.24	32.62	1:12.64	2:43.45	33.75	1:12.58	2:35.11	1:14.30	2:39.18	5:38.11
13	No Faster than	29.05	1:02.18	2:14.19	4:44.12	36.44	1:19.39	2:51.53	31.23	1:09.65	2:35.02	32.51	1:09.44	2:28.73	1:11.42	2:31.89	5:26.13
14	No Faster than	28.50	1:00.25	2:10.12	4:37.11	35.68	1:16.94	2:45.61	30.55	1:07.73	2:30.47	31.57	1:07.39	2:24.04	1:09.84	2:28.61	5:18.76
15	No Faster than	28.00	59.50	2:07.77	4:32.89	34.90	1:16.09	2:40.40	29.90	1:06.47	2:28.66	31.48	1:07.19	2:23.45	1:09.03	2:26.73	5:12.16
16	No Faster than	27.50	58.01	2:05.28	4:24.63	34.23	1:13.01	2:37.96	28.88	1:03.62	2:21.38	29.94	1:03.95	2:17.86	1:06.34	2:21.91	5:10.10
17+	No Faster than	27.00	57.70	2:03.00	4:22.50	33.80	1:11.50	2:35.50	28.00	1:02.55	2:20.00	29.00	1:03.10	2:15.60	1:05.66	2:20.00	5:00.00

POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

UPPER CUT OFF TIMES

Male

Age	Limit	50m FC	100m FC	200m FC	400m FC	50m BR	100m BR	200m BR	50m Fly	100m Fly	200m Fly	50m BK	100m BK	200m BK	100m IM	200m IM	400m IM
9	No Faster than	36.00	1:20.00	2:55.00	5:50.00	48.00	1:40.00	3:27.00	40.40	1:36.00	3:05.00	42.50	1:34.00	3:26.00	1:34.00	3:31.00	NONE
10	No Faster than	33.66	1:15.75	2:43.77	5:35.00	44.49	1:35.80	3:25.00	37.12	1:25.15	2:50.00	38.45	1:23.89	2:56.56	1:25.18	3:02.69	6:00.00
11	No Faster than	31.14	1:08.62	2:27.53	5:13.83	41.31	1:30.41	3:13.81	34.50	1:18.72	2:46.00	35.80	1:16.64	2:44.49	1:19.16	2:47.68	5:50.00
12	No Faster than	29.20	1:03.97	2:19.33	4:52.41	37.90	1:22.80	2:58.58	32.39	1:13.22	2:43.23	33.75	1:12.87	2:35.31	1:14.13	2:37.95	5:30.00
13	No Faster than	27.57	1:00.00	2:11.27	4:38.68	35.53	1:17.32	2:46.87	30.30	1:07.87	2:32.06	31.81	1:08.06	2:25.73	1:09.44	2:29.04	5:17.48
14	No Faster than	26.57	57.50	2:05.27	4:25.97	33.88	1:14.08	2:38.59	28.95	1:03.88	2:25.55	30.15	1:04.66	2:18.91	1:06.14	2:21.59	5:04.40
15	No Faster than	25.72	55.76	2:02.30	4:21.80	32.79	1:11.75	2:35.98	28.03	1:02.18	2:20.95	29.32	1:02.32	2:15.56	1:04.55	2:18.45	4:48.90
16	No Faster than	24.10	53.90	2:00.00	4:10.00	31.80	1:09.50	2:30.76	27.23	1:00.80	2:15.66	28.88	59.93	2:10.25	1:01.55	2:12.56	4:40.17
17+	No Faster than	23.50	52.80	1:58.00	4:00.00	31.00	1:09.00	2:25.84	26.70	58.50	2:10.19	28.32	58.60	2:06.54	59.56	2:08.64	4:35.86

POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners
Founded 1931

POOLE SWIMMING CLUB

SEASON STARTER LEVEL 3 MEET 2019

FEMALE ENTRY FORM

One Entry Form per Swimmer

Closing date for entries to Poole Swimming Club is **by midnight on 18th September 2019**

Entry Fee: £6 per event

Swimmers time must be lower than the upper cut off times, Age as 27th October 2019

Short course times to be used (converted from long course if applicable)

Swimmers Details		CLUB:	
Surname:		Forenames:	
Date of Birth:		SE/SW/SS Registration Number:	

Session 1	Event Number	Event	Entry Time
	101	Female 200m IM	
	103	Female 50m Backstroke	
	105	Female 100m Freestyle	
	107	Female 200m Backstroke	
Session 2	Event Number	Event	Entry Time
	202	Female 400m Freestyle	
	204	Female 50m Fly	
	206	Female 100m Breaststroke	
Session 3	Event Number	Event	Entry Time
	301	Female 400m IM	
	303	Female 50m Freestyle	
	305	Female 100m Backstroke	
Session 4	Event Number	Event	Entry Time
	402	Female 200m Freestyle	
	404	Female 100m Butterfly	
	406	Female 200m Breaststroke	
Session 5	Event Number	Event	Entry Time
	501	Female 200m Butterfly	
	503	Female 100m IM	
	505	Female 50m Breaststroke	

Total Number of Events Entered _____	Total Entry Fee to Pay at £6 per event _____
--------------------------------------	--



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

POOLE SWIMMING CLUB

SEASON STARTER LEVEL 3 MEET 2019

MALE ENTRY FORM

One Entry Form per Swimmer

Closing date for entries to Poole Swimming Club is **by midnight on 18th September 2019**

Entry Fee: £6 per event

Swimmers time must be lower than the upper cut off times. Age as 27th October 2019

Short course times to be used (converted from long course if applicable)

Swimmers Details		CLUB:
Surname:		Forenames:
Date of Birth:		SE/SW/SS Registration Number:

Session 1	Event Number	Event	Entry Time
	102	Male 400m Freestyle	
	104	Male 50m Butterfly	
	106	Male 100m Breaststroke	
Session 2	Event Number	Event	Entry Time
	201	Male 200m IM	
	203	Male 50m Backstroke	
	205	Male 100m Freestyle	
	207	Male 200m Backstroke	
Session 3	Event Number	Event	Entry Time
	302	Male 200m Freestyle	
	304	Male 100m Butterfly	
	306	Male 200m Breaststroke	
Session 4	Event Number	Event	Entry Time
	401	Male 400m IM	
	403	Male 50m Freestyle	
	405	Male 100m Backstroke	
Session 5	Event Number	Event	Entry Time
	502	Male 50m Breaststroke	
	504	Male 200m Butterfly	
	506	Male 100m IM	

Total Number of Events Entered _____

Total Entry Fee to Pay at £6 per event _____



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

POOLE SWIMMING CLUB

REGIONAL QUALIFIER 2019

CLUB ENTRY SUMMARY FORM

Please return this completed form with your entries and a **SINGLE** cheque payable to Poole Swimming Club, to: Sean Duffy, Unit 31 Ventura Place, Upton Industrial Estate, Poole, Dorset, BH16 5SW

Closing date for entries to Poole Swimming Club is by **midnight on 18th September 2019**

Entry Fee: £6

Coaches Passes: £15 per day each (1 per 10 swimmers recommended) Age as 27th October 2019

Club Name:		Club Code:	
Contact Name:			
Postal Address:			
E Mail Address:			
Contact Number:			

	Unit Cost	Number of Entries/ Passes	Cost
Male Swimmers	£6 per event		£
Female Swimmers	£6 per event		£
Coach Passes Saturday	£15 per day		£
Coach Passes Sunday	£15 per day		£
TOTAL			£

Entry Officers Checklist

By Email to: Sean Duffy, PooleSCMeets@gmail.com

Hytek Entry File

Hytek Meet Entry Report

Club Entry Summary Form

Coaches/Chaperone Form for each Individual Coach

Officials Form (1 licensed official per 8 entrants requested)

By Post to: Sean Duffy, Unit 31 Ventura Place, Upton Industrial Estate, Poole, Dorset, BH16 5SW

Club Entry Summary Form (this form) along with Single Cheque payable to 'Poole Swimming Club'

Hytek Meet Entry Report

Coaches/ Chaperone Form for each Individual Coach

Officials Form (1 licensed official per 8 entrants requested)

Online payment preferred – sort code : 40-15-27 Account: 51436511



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

POOLE SWIMMING CLUB

SEASON STARTER LEVEL 3 MEET 2019

MEET OFFICIAL REQUEST FORM

Full Name:				
Qualification: <small>(please tick)</small>	JL1 []	JL 2 []	JL2 S []	LREF []
License Valid to:				
DBS Disclosure Number:		DBS Disclosure Date:		
Sessions Available:	Session 1 Session 4	Session 2 Session 5	Session 3	
Contact Number:				
E Mail Address:				
Club:				
SE/SW/SS Membership Number:				
Dietary Requirements:	Any officials prepared to help on the day, regardless of number of sessions, will be provided with lunch. Please make us aware of any dietary requirements:			
Swimmers Name:				

Please email and post this form along with your Club Entry Summary



www.pooleswimmingclub.org.uk



POOLE SWIMMING CLUB

Preparing Swimmers, Creating Winners

Founded 1931

COACH/ CHAPERONE PASS INDIVIDUAL APPLICATION FORM

Full Name:			
Club Name:			
Position: (eg. Coach/ Chaperone)			
Postal Address:			
Email Address:			
SE/SW/SS Affiliation Number:			
DBS Disclosure Number:	DBS Disclosure	Date:	
Dietary Requirements:	Please make us aware of any dietary requirements:		
Meet Passes:	Saturday £15	Sunday £15	

The above named person is authorised to hold a pass for this club:

Signed _____ Club Secretary

There will be no access to poolside without a coach's pass
Coaches packs will be collected on arrival from the entrance desk
Please email and post this form along with your Club Entry Summary